

ACTIVITY	TIME	YEAR GROUP	VENUE	СОАСН	COMMENTS	ADDITIONAL INFORMATION
MONDAY						
Junior Girls Basketball Team	1.55-2.55	1-3	Sports Centre	RNE/ASI	Selective	The Junior Girls Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Junior Boys Football Team	1.55-2.55	1-3	Futsal Pitches	Alexis Pittas Andreas Andreou	Selective	The Junior Boys Football Team trains regularly and participates in school futsal tournaments and friendly matches.
Junior Boys Basketball Club	1.55-2.55	1-3	External Basketball Courts	ANI/ASI		The Junior Boys Basketball Club provides the opportunity to students to participate in basketball for fitness and fun.
Brazilian Jiu Jitsu Club	1.55-2.55	1-7	Jiu Jitsu Room	GDE Andreas Achniotis		The Brazilian Jiu Jitsu Club trains regularly and helps students develop their skills and fitness.
Junior Boys Athletics Team	1.55-2.55	1-3	Athletics Track	PAP	Term 2	The Junior Boys Athletics Team participates in the Nicosia Schools Competition, with the top athletes qualifying for the Pancyprian Competition. Students train in the full range of track and field events and eventually get to specialise in their best ones.
Senior Boys Futsal Tournament	1.55-3.25	4-7	Futsal Pitches	PAP	Team Entries required	Students make their own teams and take part in the Senior Boys Futsal Tournament, getting involved in competitive, recreational matches.
Senior Tennis Club	2.00-3.30	4-7	Tennis Courts	Yiannos Ioannides		The Senior Tennis Club provides instruction and skill development, culminating in a School Tournament.
Senior Girls Basketball Team	2.30-3.30	1-3	Sports Centre	RNE/ASI		The Senior Girls Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Junior NBA Team	2.55-3.55	1, 2	External Basketball Courts	ANI/ASI	Selective	The Junior NBA Team is a mixed basketball team, participating in a Pancyprian Tournament, offering exciting competition opportunities.
Senior Boys Volleyball Team	3.30-4.30	4-7	Sports Centre	CMA/YNE		The Senior Boys Volleyball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Gym - Fitness Training	6.00-7.30 + 1.30-5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.



Updated: 16.7.2024

ACTIVITY	TIME	YEAR GROUP	VENUE	COACH	COMMENTS	ADDITIONAL INFORMATION
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TUESDAY

Junior Boys Basketball Team	1.55-2.55	1-3	Sports Centre	ANI/ASI	Selective	The Junior Boys Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Junior Girls Athletics Team	1.55-2.55	1-3	Athletics Track	СНИ		The Junior Girls Athletics Team participates in the Nicosia Schools Competition, with the top athletes qualifying for the Pancyprian Competition. Students train in the full range of track and field events and eventually get to specialise in their best ones.
Junior Boys Football Club	1.55-2.55	1-3	Main Football Ground	Alexis Pittas/Andreas		The Junior Boys Football Club provides the opportunity to students to participate in football for fitness and fun.
U-15 Girls Football Team	1.55-3.25	1-5	Main Football Ground	Georgio Kyriacou	Matches on Saturdays	The U-15 Girls Football Team trains regularly and participates in the Cyprus Football Association Championship, with matches played on Saturdays. In addition, the team participates in other school and club competitions each year.
Junior Tennis Club	2.00-3.30	1-3	Tennis Courts	Yiannos Ioannides		The Junior Tennis Club provides instruction and skill development, culminating in a School Tournament.
Senior Girls Volleyball Team	2.55-3.55	4-7	Sports Centre	Vasileia Konstantinou		The Senior Girls Volleyball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Gym - Fitness Training	6.00-7.30 & 1.30- 5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.



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ACTIVITY	TIME	YEAR GROUP	VENUE	COACH	COMMENTS	ADDITIONAL INFORMATION
WEDNESDAY						
Senior Boys Basketball Team	1.30-2.30	4-7	Sports Centre	ASI/ANI		The Senior Boys Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Senior Boys Football Team	1.55-2.55	4-7	Main Football Ground	Nicolas Costa		The Senior Boys Football Team trains regularly and participates in school futsal tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
School Hockey Team	1.55-2.55	1-7	Hockey Pitch	NEI		The School Hockey Team trains regularly and takes part in the Salakian Hockey Trophy, against ESOBGA. Other participation opportunities, mainly through the Cyprus Hockey Association arise every year.
Girls Football - Individual Skills Club	1.55-2.55	1-7	Futsal Pitches	Alexis Pittas/Andreas Andreou		The Girls Football - Individual Skills Club focuses on developing the personal football skills of girls who want to be more effective football players.
Table Tennis Club	1.55-2.55	1-7	Sports Centre	Stylianos Georgiou		The Table Tennis Club provides instruction and skill development, culminating in a School Tournament.
Senior Boys Basketball Club	2.30-3.30	4-7	Sports Centre	ASI/ANI		The Senior Boys Basketball Club provides the opportunity to students to participate in basketball for fitness and fun.
Gym - Fitness Training	6.00-7.30 & 1.30- 5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.



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ACTIVITY	TIME	YEAR GROUP	VENUE	COACH	COMMENTS	ADDITIONAL INFORMATION
THURSDAY	•					
Junior Boys	2.10-3.30	1-3	Sports Centre	Heads of	Curriculum for Boys	Boys in Years 1-3 take part in Afternoon Games with their House, participating in
Afternoon				House/Afternoon	in Years 1-3	competitive and recreational sport.
Games				Games Coaches		
Junior Boys	3.30-4.30	1-3	Sports Centre	YNE/CMA		The Junior Boys Volleyball Team trains regularly and participates in school
Volleyball						tournaments, including the Ministry of Education Nicosia Competition. The top 2
						schools will qualify for the Pancyprian Competition.
Gym - Fitness	6.00-7.30 & 1.30-	1-7	Gym - Weights	ASL		The Gym offers supervised exercise opportunities, where individual training
Training	5.30		Room			programmes are agreed. Students work independently towards achieving their
						fitness goals.

FRIDAY

Junior Girls	2.10-3.30	1-3	Sports Centre	Heads of	Curriculum for Girls	Girls in Years 1-3 take part in Afternoon Games with their House, participating in
Afternoon				House/Afternoon	in Years 1-3	competitive and recreational sport.
Games				Games Coaches		
Junior Girls	3.30-4.30	1-3	Sports Centre	Paris	Selective	The Junior Girls Volleyball Team trains regularly and participates in school
Volleyball				Savva/Napoleon		tournaments, including the Ministry of Education Nicosia Competition. The top 2
				Oikonomou		schools will qualify for the Pancyprian Competition.
Sports Day	3.30-4.30	1-7	Sports Centre	CHU		The Sports Day Choreography Club prepares students to perform as part of our
Choreography						Sports Day and in other external sporting/cultural events.
Gym - Fitness	6.00-7.30 & 1.30-	1-7	Gym - Weights	ASL		The Gym offers supervised exercise opportunities, where individual training
Training	5.30		Room			programmes are agreed. Students work independently towards achieving their
						fitness goals.

SATURDAY

Senior Boys	8.00-9.00	4-7	GSP Athletics	ANI	The Senior Boys Athletics Team participates in the Nicosia Schools Co	mpetition,
Athletics Team			Stadium		with the top athletes qualifying for the Pancyprian Competition. Stud	dents train in
					the full range of track and field events and eventually get to specialise	e in their best
					ones.	



ACTIVITY	TIME	YEAR	VENUE	COACH	COMMENTS	ADDITIONAL INFORMATION
		GROUP				
Senior Girls	9.00-10.00	4-7	GSP Athletics	ANI		The Senior Girls Athletics Team participates in the Nicosia Schools Competition,
Athletics Team			Stadium			with the top athletes qualifying for the Pancyprian Competition. Students train in
						the full range of track and field events and eventually get to specialise in their best
						ones.



ACTIVITY	TIME	YEAR	VENUE	COACH	COMMENTS	ADDITIONAL INFORMATION				
		GROUP								
ACTIVITIES TO BE	ACTIVITIES TO BE TIMETABLED									
School Parade	TBC	6-7	Athletics Track	PAP		The School Parade Team practices at agreed times (normally during second breaks,				
Team						weekends and holidays) in order to represent the School in the 28th October and				
						25th March School Parades in Nicosia. Priority is given to students in Years 6 and 7.				
Running Club	TBC	1-7	Athletics Track			The Running Club participates in various running events in Cyprus.				