



FOUNDED 1900
THE ENGLISH SCHOOL
A SECOND CENTURY OF EXCELLENCE

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Adventurous Journey Recommended Kit List

This list is an illustration of the type of items you may need when undertaking a DofE Adventurous Journey. This list is to be used as a GUIDE only and there is no obligation to buy the specific items we recommend.

The school has a number of rucksacks, tents and compasses that are available to participants for their Adventurous Journeys.

Clothing
Walking boots (broken in)
Walking socks
T-shirts (breathable)
Thermal base layer
Fleece jacket or similar
Walking trousers (NOT jeans, breathable)
Underwear
Nightwear
Flipflops/trainers (optional for evenings)
Warm hat &/or sunhat (as appropriate)
Gloves
Shorts (if appropriate)
Sunblock (if appropriate)
Waterproof jacket
Waterproof over-trousers

Personal Kit
Sleeping bag
Sleeping mat
Watch
Whistle
Torch (handheld or head torch)
Spare batteries for torch
Personal first aid kit
Water bottle(s)
Vacuum flask
Knife, fork, spoon
Plate/bowl/mug
Box of matches (in waterproof container)
Wash kit / personal hygiene items / towel
Dry bags to store your things dry
Spare boot laces

Group Kit
Compasses (at least 2 per group)
Camping stove(s)
Camping stove fuel in an appropriate & safe container
Cooking pans
Tea towels
Food (lightweight & including snacks)
Plastic bags (for rubbish etc)
Toilet paper
Camera (optional)
Money (only for emergency)
Notebook & pen
Route card(s)
Mobile phones (at least 2 per group, fully charged, turned off and sealed for emergency)

If you need more information about the Adventurous Journey kit, please contact the Award Centre Coordinator.